

## Monday, May 18, 2009 H1N1 Update

Division of Public Health Services

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**Concord, NH** – The New Hampshire Department of Health and Human Services (DHHS) Division of Public Health Services (DPHS) announced this afternoon that another New Hampshire resident has been diagnosed with H1N1 (swine) influenza. The newly confirmed case is an adult from the greater Salem area. The individual was admitted to the hospital for treatment, and at this point is recovering well. DPHS is still in the process of conducting an investigation into this latest case.

"While it may seem that this event is winding down, there is still ongoing transmission of H1N1 influenza across the country and the world," said Public Health Director Dr. Jose Montero. "Influenza viruses are very unpredictable, so we want to emphasize that we just don't know what the future holds for this virus. The precautions we've recommended since the beginning of this outbreak are just as important now as ever."

### **Summary of New Hampshire Cases as of May 18, 2009** ***Twenty cases of H1N1 Confirmed in New Hampshire***

- 1) Concord Hospital employee
- 2) Second Concord Hospital employee
- 3) Upper Valley resident
- 4) 3-year-old from greater Nashua area
- 5) 18-year-old Kearsarge High School student
- 6) 15-year-old New Hampton student
- 7) 13-year-old Nashua resident (attends school in Massachusetts)
- 8) 19-year-old Kearsarge High School student
- 9) Second 13-year-old Nashua resident
- 10) Derry resident
- 11) Rochester resident
- 12) 10-year-old Bedford resident
- 13) Nashua resident
- 14) Hudson resident
- 15) 11-year-old Keene resident
- 16) 12-year-old Nashua resident (attends school out of state)
- 17) 7-year-old Upper Valley resident
- 18) 11-year-old Keene resident
- 19) Keene resident
- 20) Adult from Greater Salem area

### **Samples tested**

Through Monday afternoon, the DHHS Public Health Labs have completed testing on 823 samples. Of these, 781 tested negative for seasonal flu and H1N1, 22 samples tested positive for seasonal flu, and 20 tested positive for H1N1.

DHHS wants to remind everyone to stay home from work or school if you feel sick; cover your mouth and nose with your sleeve when you cough or sneeze; and wash your hands frequently, especially before eating or preparing food. These steps can help prevent the spread of H1N1 flu and many other illnesses.

For questions about H1N1, possible symptoms, travel information, or other issues related to this illness residents can call 1-888-330-6764 between 8:00 a.m. and 8:00 p.m. daily. For more information on H1N1 flu, visit [www.dhhs.nh.gov](http://www.dhhs.nh.gov) or the Centers for Disease Control and Prevention (CDC) at [www.cdc.gov/H1N1flu](http://www.cdc.gov/H1N1flu).